Ambe Durga Education Society's
Dadasaheb Balpande College of Pharmacy (DBCOP)
Near Swami Samarth Mandir, Besa, Nagpur-37

Ref No. DBCOP/Notice/WDC/2025-26

Date: 10/03/2026

NOTICE

The student D.Pharm & B. Pharm are here by informed that DBCOP's Women Development Cell has organize "Nutrition Awareness Program" at Jilha Parishad Prathamik School, Besa-Pipla, Nagpur, on 14 March 2026 at 2:00 p.m.

All concerned should take a note.

Mahajan

Principal
Dr. (Mrs.) Ujwala Mahajan

Copy to: Academic In-Charge/ Admin Office
ADMIN/NOTICE/2025-26

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Program Report

Name of the Program Conducted: Nutrition Awareness Program for Girls.

Relevant Occasion: Nutrition Awareness and Women's Health Awareness

Date: 14/03/2026

Venue: Jilha Parishad Prathamik Shala, Besa -Pipla, Nagpur

Objectives:

- To create awareness about the importance of balanced nutrition for the growth and development of girl child.
- To educate students about iron, calcium, proteins, vitamins, and other essential nutrients.
- To create awareness about prevention of anemia and nutritional deficiencies.
- To promote healthy eating habits, personal hygiene, adequate hydration, and regular physical activity.

Beneficiary: Girls students (50)

Program Organizing Committee: Women Development Cell, Dadasaheb Balpande College of Pharmacy, Besa, Nagpur.

Report:

The **Nutrition Awareness Programme** was organized by the **Women Development Cell of Dadasaheb Balpande College of Pharmacy, Besa, Nagpur**, with the objective of creating awareness among female children about the importance of proper nutrition for healthy growth and development. The program focused on the nutritional requirements of adolescent girls and the role of a balanced diet in maintaining good health. Students were educated about the importance of consuming adequate proteins, vitamins, minerals, iron, calcium, fruits, vegetables, milk, and other nutritious foods. Special emphasis was given to preventing nutritional deficiencies, particularly iron deficiency and anemia, which are common among adolescent girls. The awareness program was conducted through a **Nukkad Natak** to communicate an important social and health awareness message in a simple and effective manner. Students actively participated in the street play and presented the theme through dialogues, acting, slogans, and demonstrations. The performance attracted the attention of the audience and encouraged active

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participation and discussion. The program successfully conveyed the importance of awareness, responsible behavior, and healthy practices among the community. The activity was informative, engaging, and beneficial for both the participants and the audience.

Dr. Ruchi Shivhare

Program Coordinator

Dr. Ujwala Mahajan

Principal, DBCOP

Attached files

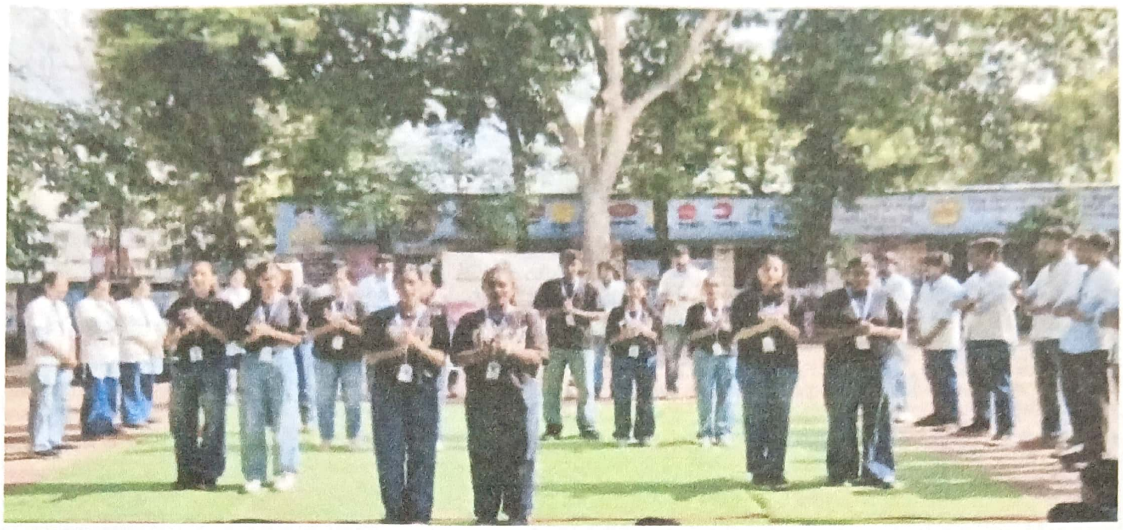
Report

Photos

Notice

Attendance

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ATTENDANCE RECORD

Program Details: Nutrition Awareness Progeam

Date: 14/3/2026 Venue: Jilha Parishad Prathmik School Besa-Pipla

Sr. No.	Name of Students	Year	Signature
1.	Mayank Granvir	final yr.	
2.	Dhanashree Chepurwar	final yr.	
3.	Akansha Dhore	final yr.	
4.	Tiya Shahu	final yr.	
5.	Anuska patil	final yr.	
6.	Rudrax Uprale	final yr.	R. Uprale
7.	yatharth Sharma	final yr.	
8.	Aachal Utkunde	final yr.	
9.	Lakshvedi More	final yr.	
10.	Vaishnavi Dongre	final yr.	
11.	Anuj Makode	final yr.	
12.	Samrudhi Aagase	final yr.	
13.	Twinkle Sandekar	final yr.	
14.	Harsha Shrirame	final yr.	
15	Ragini Dewangan	final yr.	
16	Gayatri shendre	final yr.	
17	Divyanshi Jangid.	final yr.	
18	Harshada kite	final yr.	
19	Tanuja P. Giripunje	final yr.	
20	Aradhana R. fulbel	final yr.	
21	Anjali Tulsikar	final yr.	
22.	Aishwarya T. Kamble	final yr	
23.	Khushi. Khaiskar	final yr.	
24.	Sunil kumar	final yr.	

ATTENDANCE RECORD

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Ambe Durga Education Society's

Dadasaheb Balpande College of Pharmacy (DBCOP)

Near Swami Samarth Mandir, Besa, Nagpur-37

Program Details: Nutrition Awarness Program

Date: 14/03/2026 Venue: Jilha Parishad Prathamik School, Besa Pipla

Sr. No.	Name of Students	Year	Signature
25	Janhvi Nikam	2nd year	
26	Rashmi Thombre	2nd year	Rashmi
27	Dhanashri upadhay	2nd year	
28	Abhishree khedkar	2nd year	A.V.Khedkar
29.	Vedika Bhave	2nd year	
30	Ambika thakre	2nd year	Ambika
31	Chaitra verulkar	2nd year	Chaitra
32	Yadniki khadse	2nd year	
33	Sachi Gondane	2nd year	
34	Siddhant Bhoyar	3rd year	SB
35	Alok Sawarkar	3rd year	
36	Varad Mudkondwar	2nd year	Rajeshri
37	Om Shinde	2nd year	
38	Avinash Pedde	3rd Year	
39	Hifen Nathani	3rd yr	
40	Arjun Agrawal	3rd year	Agrawal
41	Nikita More	3rd Yr	
42	Kamalika Ashim Mandal	3rd yr	
43	Pallavi. R. Wakude.	3rd yr	
44	Saner Charde	3rd yr	
45	Anirudha Pokharkar	3rd year	
46	Vedant Agey.	3rd year	
47	Om Sarode	3rd year	
48	Nandini Mungekar	3rd year	
49	Kadambary · ss Bodkhe	3rd year	
50	Sachi Shende	2nd year	

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